



*the pagoda tree*

## Spring Body Cleanse Program

create a lighter & brighter energy for spring

**DO YOU SUFFER FROM LITTLE OR NO ENERGY**

**DO YOU SUFFER FROM STIFFNESS AND JOINT PAIN**

**DO YOU HAVE HIGH CHOLESTEROL LEVELS**

**HORMONE IMBALANCES**

**HEADACHES**

**HAY-FEVER/SINUS PROBLEMS**

Cleansing your body especially at this time of year can have amazing benefits, if done in the right way! You would be amazed at how many daily toxins & pollutants may be quietly robbing you of your energy and wellness.

Our gentle approach here at The Pagoda Tree reflects the eastern ideas of nurturing the body through the process of cleansing, restoring and building. Unlike most 'detox' programs our focus is on building and restoring the organs afterwards, to ensure strength and vitality for the year ahead.

Our programs are individually tailored, using Chinese Herbal formulas, Oriental Therapies also with dietary and lifestyle advice.

**Please call or email us for further information  
p. 03 9686 7454 or [info@thepagodatree.com.au](mailto:info@thepagodatree.com.au)**